



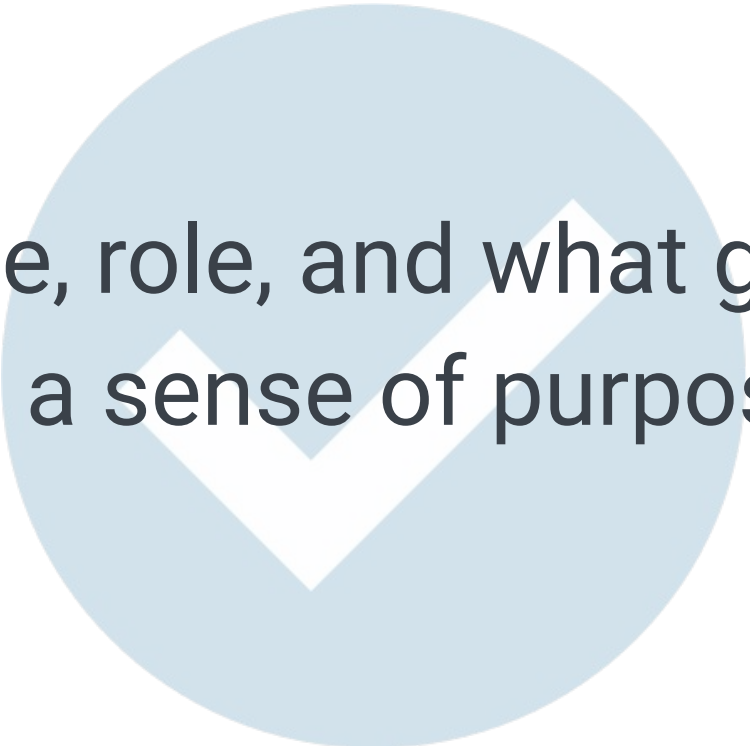
Fill Your Leadership Cup Webinar

Education Elements Return to School Webinar Series

July 28, 2020

What is Your Purpose in Life?





Name, role, and what gives
you a sense of purpose?

Why Check-ins and Quick Tips

Why?

The goal of the **check in** is to get everyone present and engaged in the meeting and get a pulse check for how people are feeling.

Check ins/outs should be:

- 60 seconds or less per person. *(If you have a large group, try for one word responses)*
- Run by a facilitator
- Completed by everyone on the team

Things to avoid:

- Questions that warrant a long response from every participant
- Facilitator responds to every person's response



RESOURCE:

[CHECK IN + CHECK OUT](#)

Welcome



David Hardy Jr.

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@dhardyjr



Elizabeth Lambert

elizabeth@edelements.com
@bethedelements



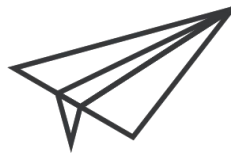
Kristen Howell

kristen@edelements.com
@kristen4E

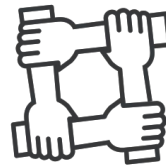
Today's Objectives



Take time to reflect
and learn

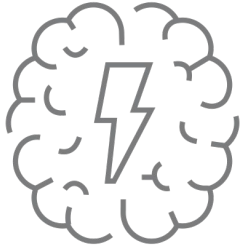


Prepare for the new
year with a renewed
sense of purpose and
energy



Ground ourselves to
confront the
challenges and
unknowns that lie
ahead.

Elements of Building Knowledge



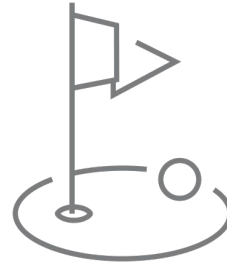
SPARK

Understand why this idea matters through first-hand experiences



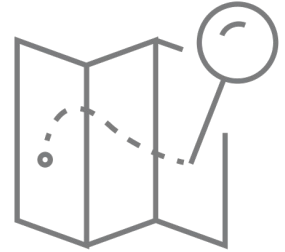
EXPAND

Explore resources and deepen knowledge related to idea



PRACTICE

Try using the idea in small, safe ways to prepare for application



PLAN

Develop a hypothesis to test and determine the supports you need

Elements of Building Knowledge



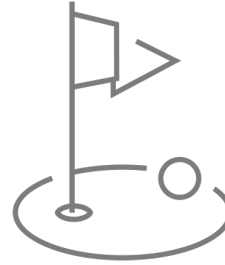
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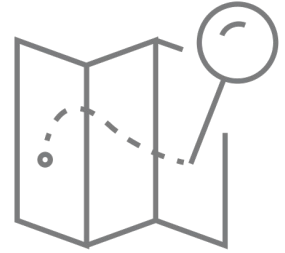
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PRACTICE

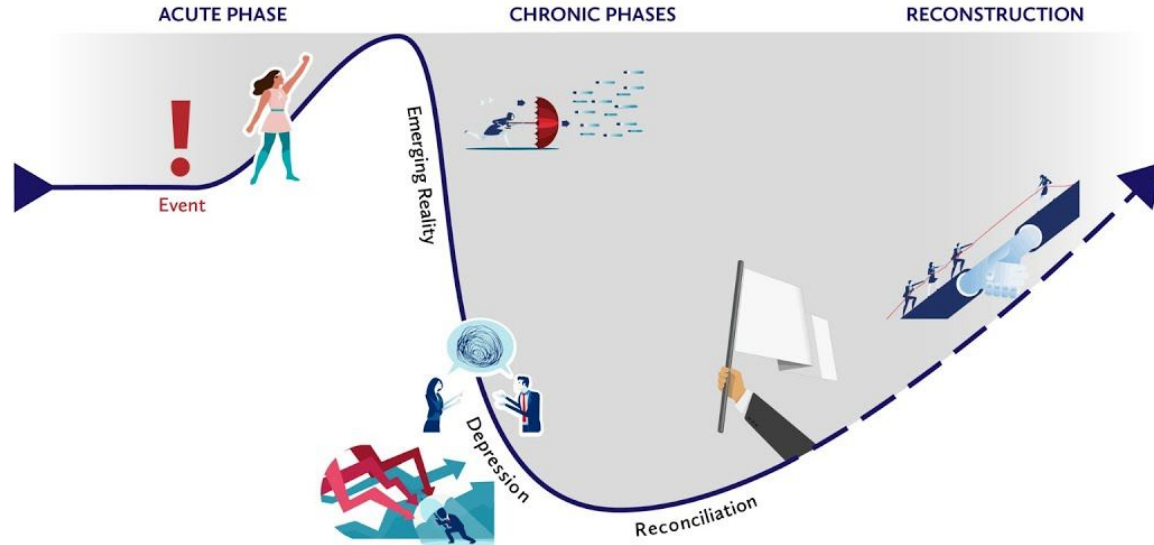
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Develop a hypothesis to test and determine the supports you need

Where We are Now...



Knowing Your Values

Acceptance	Community	Flexibility	Initiative	Pleasure	Sharing
Achievement	Communication	Focus	Integrity	Positive Attitude	Solitude
Adventure	Compassion	Forgiveness	Intuition	Power	Spirituality
Affection	Competition	Freedom	Interdependence	Pride	Success
Altruism	Connection	Friendship	Joy	Privacy	Support
Ambition	Contribution	Fun	Justice	Productivity	Team Work
Appreciation	Cooperation	Goals	Kindness	Recognition	Time
Arts	Creativity	Gratitude	Knowledge	Reflection	Tolerance
Authenticity	Democracy	Growth	Leadership	Religion	Togetherness
Authority	Effectiveness	Happiness	Loyalty	Respect	Tradition
Autonomy	Efficiency	Health	Making a Difference	Responsibility	Travel
Balance	Equality	Helping Others	Meaningful Work	Results	Trust
Beauty	Equity	High Expectations	Nature	Reputation	Truth
Belonging	Excellence	Honesty	Nurturing	Risk Taking	Unity
Caring	Excitement	Hope	Order	Romance	Variety
Celebration	Expertise	Humility	Passion	Routine	Zest
Challenge	Fame	Humor	Peace	Security	
Choice	Fairness	Imagination	Personal Growth	Self Expression	
Collaboration	Faith	Independence	Perseverance	Self-Respect	
Commitment	Family	Influence	Personal Development	Service	

Knowing My Values



Determine the **TEN** values that
are most important to you

Knowing Your Values

Acceptance	Community	Flexibility	Initiative	Pleasure	Sharing
Achievement	Communication	Focus	Integrity	Positive Attitude	Solitude
Adventure	Compassion	Forgiveness	Intuition	Power	Spirituality
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Commitment	Family	Influence	Personal Development	Service	

Circle the **FIVE** that are the
most important



Knowing My Values

Now, identify the **THREE** most important values to you. These are your three core values.



This is hard work!



Your Values- Self-Reflection

Looking at your **values**, is there anything surprising or unexpected? Do you feel as if these values have **changed over time?**



How Your Values Showed Up in the Pandemic

Thinking Back...



- Reflecting on the spring, how did these values show up?
- Did you feel any conflict or dissonance in relation to these values?
- Are there things you wish you would have done differently?

Looking Forward



- How are these values showing up in how you approaching next school year?
- Where are you feeling tension with your values?

Elements of Building Knowledge



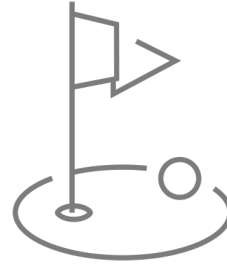
SPARK

Understand why this idea matters through first-hand experiences



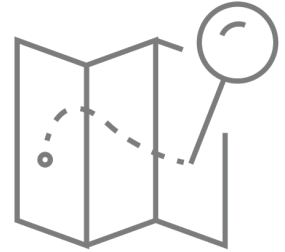
EXPAND

Explore resources and deepen knowledge related to idea



PRACTICE

Try using the idea in small, safe ways to prepare for application



PLAN

Develop a hypothesis to test and determine the supports you need

How We Think About Leadership



ATOM

By changing your
individual
practice...



MOLECULE

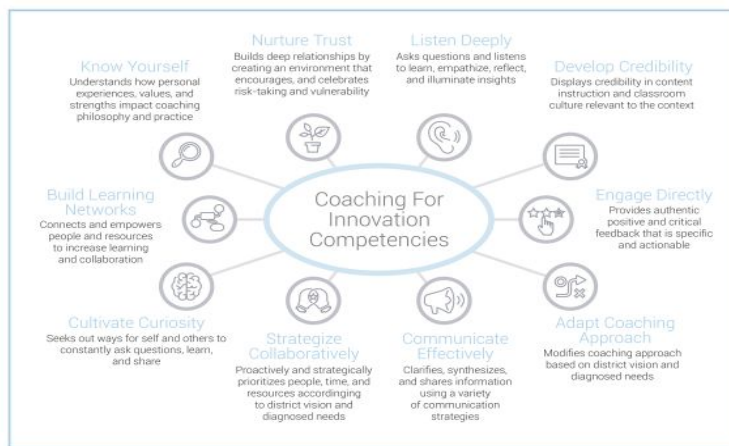
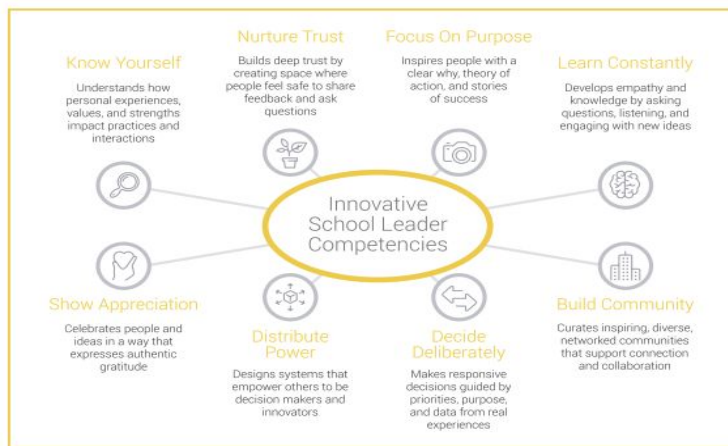
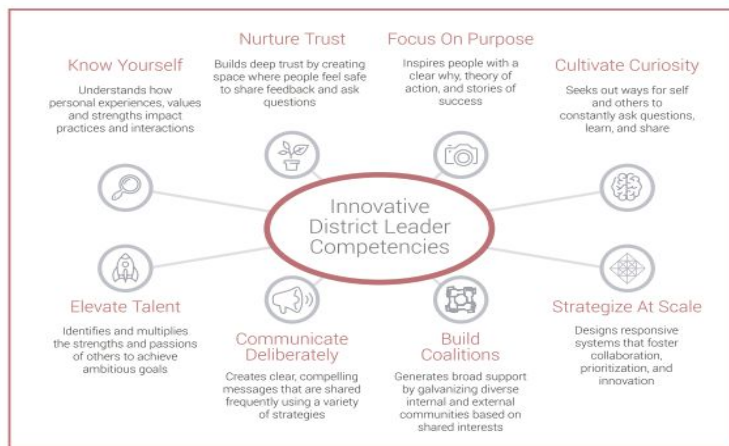
You can change the way your
teams
work...



CELL

Which will shift the way our
organizations
function...

Developing Leaders Across Education



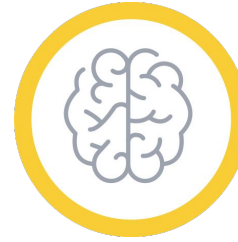
Foundational Leadership Competencies



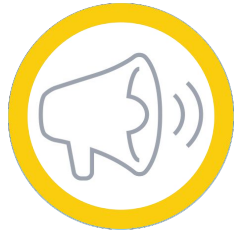
KNOW YOURSELF



NURTURE TRUST



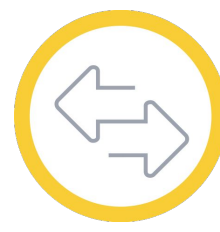
CULTIVATE
CURIOSITY



COMMUNICATE
EFFECTIVELY



LISTEN DEEPLY



DECIDE
DELIBERATELY



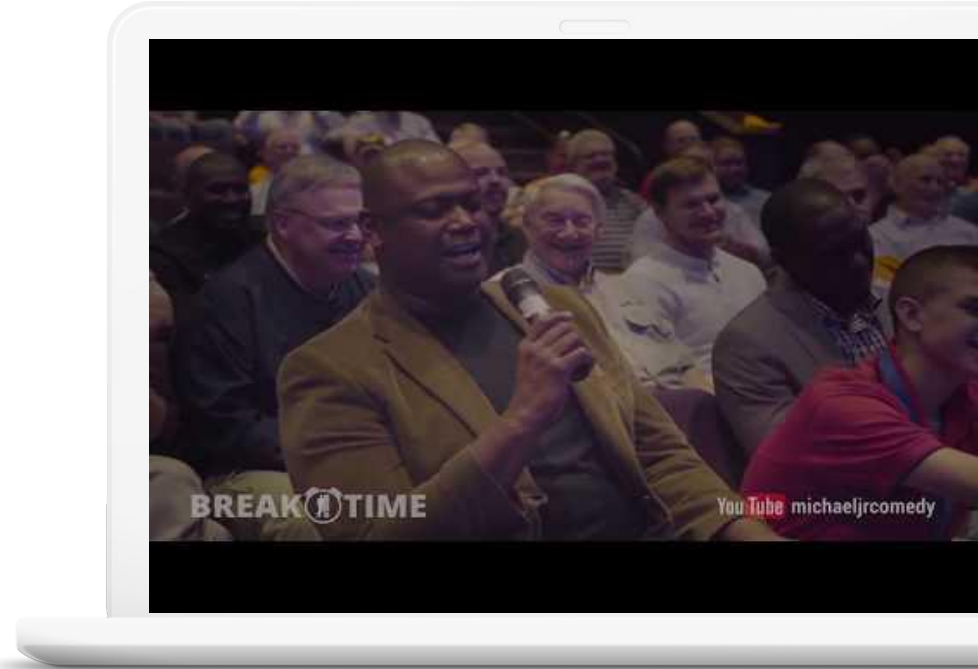
- Know my personal story (experiences, biases, values)
- Recognize my strengths
- Identify my leadership philosophy

KNOW YOURSELF

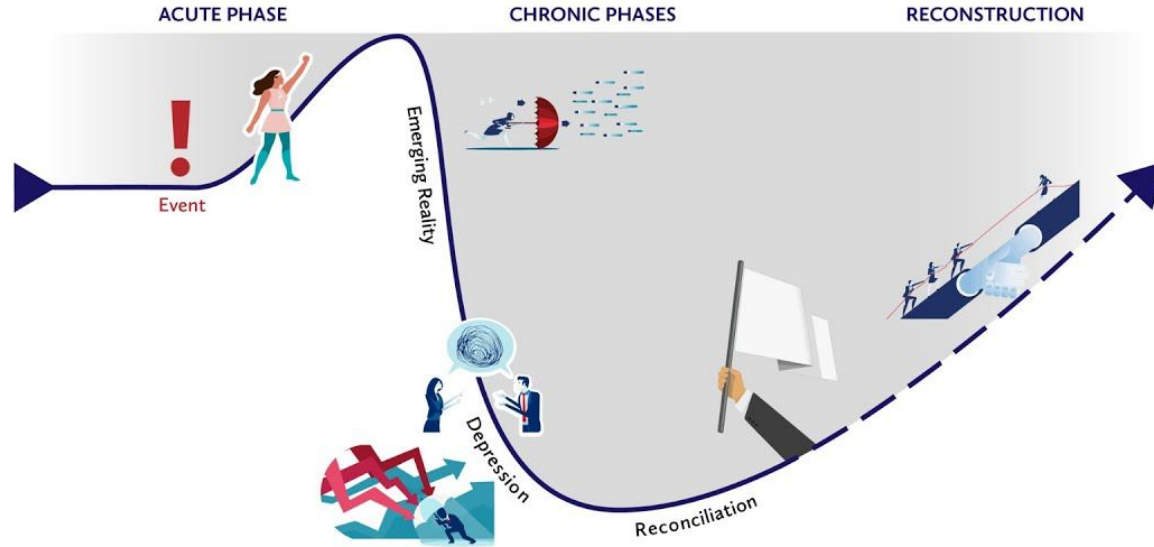
Elena Aguilar Says it Best.....

“Self-knowledge is the portal through which we cultivate our disposition of purposefulness. When you feel purposeful, you’ll sense it in every confident stride you take, in the words you speak, and in the way you dust off your knees and stand up tall again after you’ve fallen down.”

Knowing Your Why

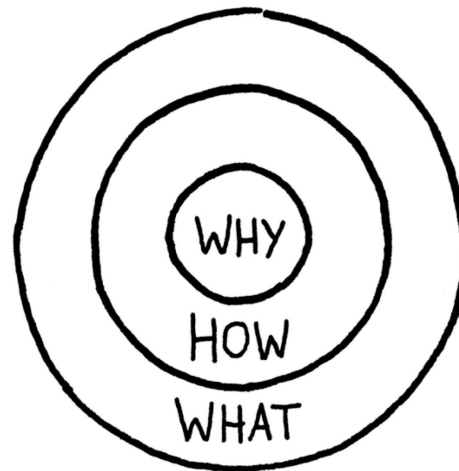


The crisis curve





What is your “why” for your work in education?



What

Every organization on the planet knows WHAT they do. These are products they sell or the services they offer.

How

Some organizations know HOW they do it. These are the things that make them special or set them apart from their competition.

Why

Very few organizations know WHY they do what they do. WHY is not about making money. That's a result. It's a purpose, cause or belief. It's the very reason your organization exists.

Questions to Ground Yourself....

When am I at my best?

What activities am I doing when it feels like time flies by?

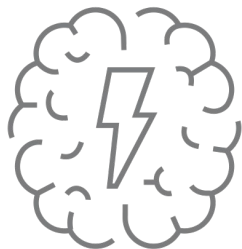
What is working well in my life and work today?

How do I stay grounded when I feel overwhelmed?

What actions, if taken, would make me proud of myself, regardless of the outcome?

What motivates me to make progress?

Elements of Building Knowledge



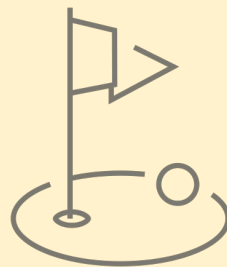
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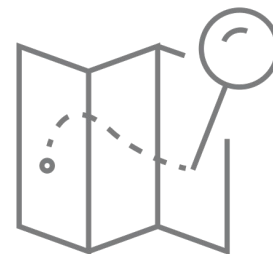
EXPAND

Explore resources and deepen knowledge related to idea



PRACTICE

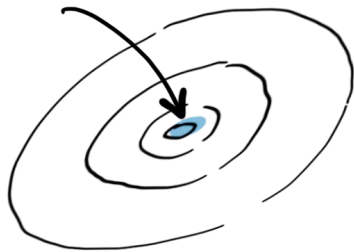
Try using the idea in small, safe ways to prepare for application



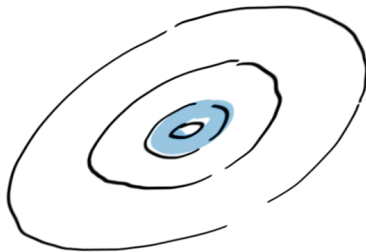
PLAN

Develop a hypothesis to test and determine the supports you need

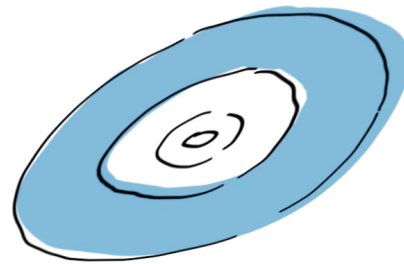
Small Habits Connect to a Larger Purpose



SMALL HABIT
(Action)

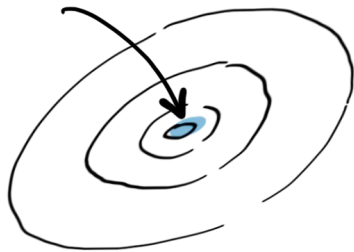


TINY RIPPLE EFFECT
(Reaction)



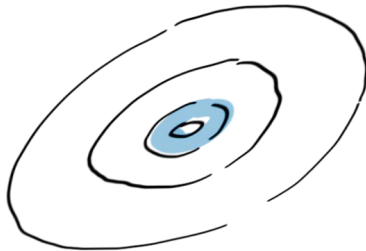
BIG RIPPLE EFFECT
(Changed State)

Example Value: Balance



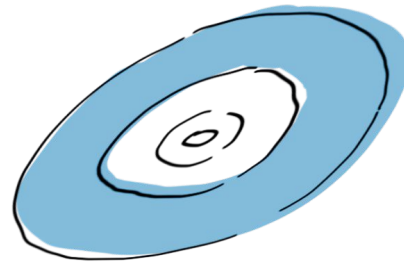
SMALL HABIT

(Calendaring breaks
and workouts)



TINY RIPPLE EFFECT

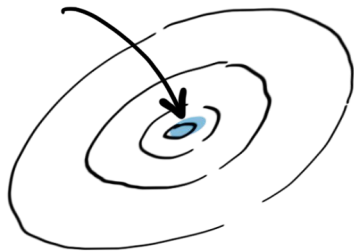
(Feeling more in control)



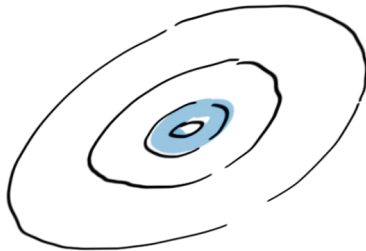
BIG RIPPLE EFFECT

(Better leader, spouse,
mother)

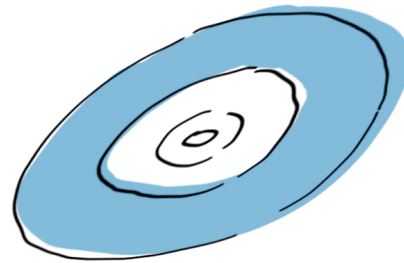
Example Value: Creativity



SMALL HABIT
("Fun Friday" themes)

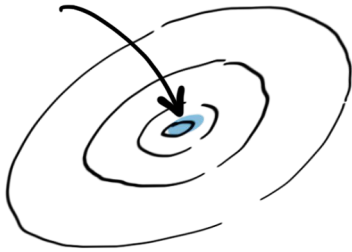


TINY RIPPLE EFFECT
(Staff brings more joy)

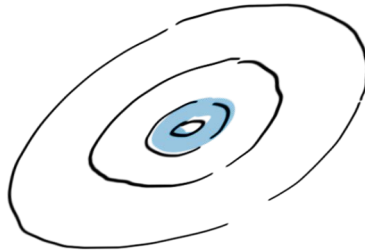


BIG RIPPLE EFFECT
(A more creatively open staff)

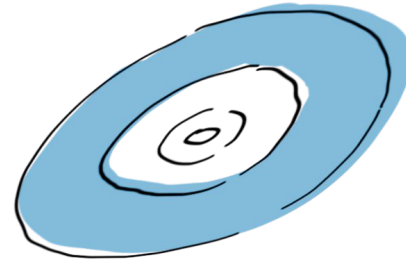
Example Value: Equity



SMALL HABIT
(Check in with one
stakeholder group
daily)

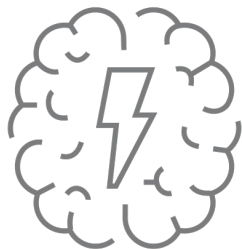


TINY RIPPLE EFFECT
(More voices at the table)



BIG RIPPLE EFFECT
(A more equitable +
inclusive environment)

Elements of Building Knowledge



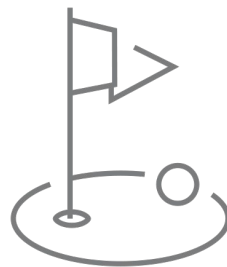
SPARK

Understand why this idea matters through first-hand experiences



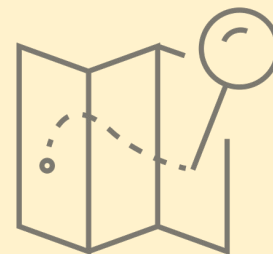
EXPAND

Explore resources and deepen knowledge related to idea



PRACTICE

Try using the idea in small, safe ways to prepare for application



PLAN

Develop a hypothesis to test and determine the supports you need

Challenge:

Pick a Value + Plan a Small Habit



Examples of Habit Building



Meditation



Exercise



Journaling



Family Time



Random Acts
of Kindness

Small Habits Compound Over Time

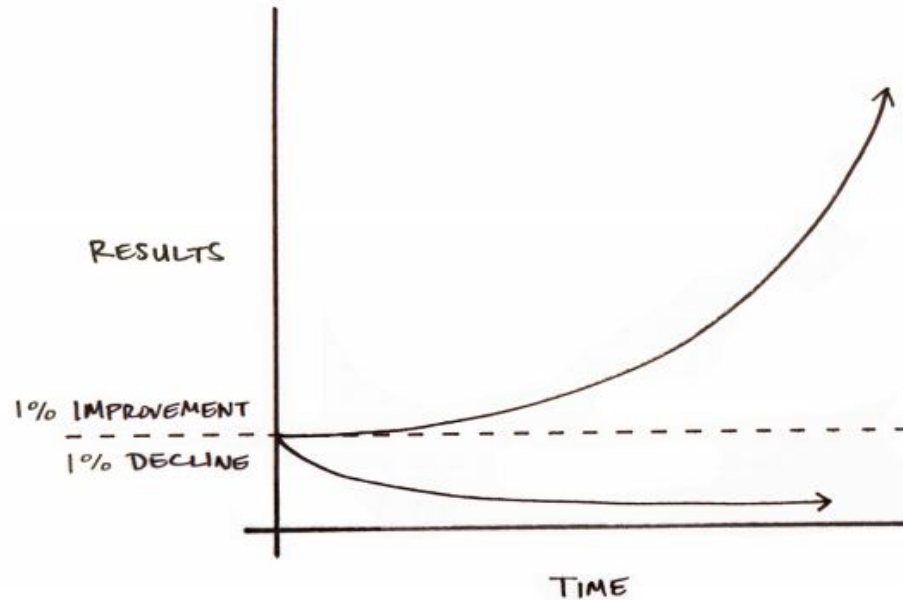
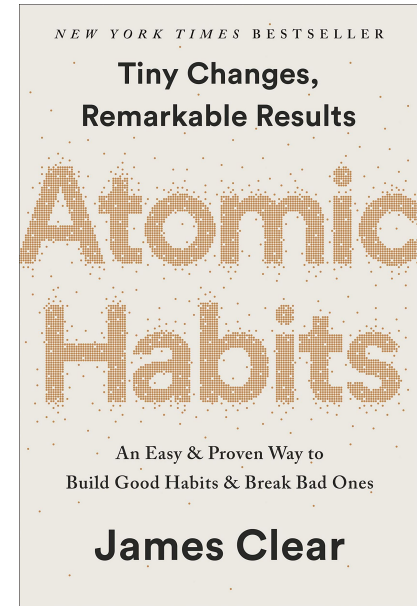


FIGURE 1: The effects of small habits compound over time. For example, if you can get just 1 percent better each day, you'll end up with results that are nearly 37 times better after one year.

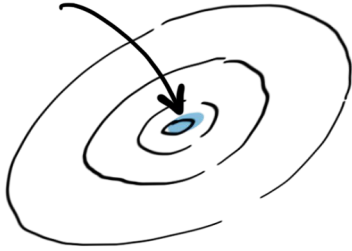
1% BETTER EVERY DAY

1% worse every day for one year. $0.99^{365} = 00.03$

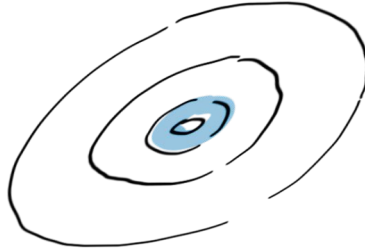
1% better every day for one year. $1.01^{365} = 37.78$



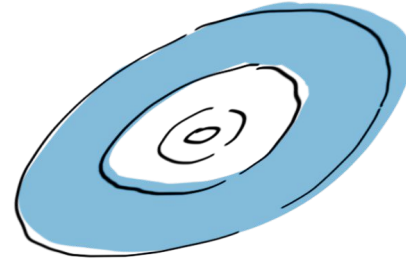
What is your one small habit?



SMALL HABIT
(Action)



TINY RIPPLE EFFECT
(Reaction)



BIG RIPPLE EFFECT
(Changed State)

Which quote resonates with you? *Put number in chat.*

1

"Only those who will risk going too far can possibly find out how far one can go."

– T.S. Eliot

2

"Although the world is full of suffering, it is also full of the overcoming of it."

– Helen Keller

3

"I measure my own success as a leader by how well the people who work for me succeed."

– Maria Shi

4

"I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear."

– Nelson Mandela

5

"Success means doing the best we can with what we have. Success is the doing, not the getting; in the trying, not the triumph. Success is a personal standard, reaching for the highest that is in us, becoming all that we can be." – Zig Ziglar

6

"If you believe it will work out, you'll see opportunities. If you believe it won't, you will see obstacles."

– Wayne Dyer

Return To School

RETURN PLANNING FOR K-12



a **facebook** group for you

LIFT**Ed**

LEADERSHIP INSIGHTS FOR
TRANSFORMING EDUCATION



Thank You!

Stay safe, stay healthy!

Connect with Education Elements on social media to continue the conversation, or subscribe to our blog for more resources about school return planning for K-12.



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